



# Hypnosis Certification



Ariel Sherker,  
certified hypnosis instructor,  
will teach you  
her personal techniques  
designed to help you help clients.

## Some Topics:

How to Hypnotize  
The Power of Suggestion  
Self-Hypnosis  
Post-Hypnotic Suggestion  
Deepening Techniques  
Establishing Rapport  
Building Your Practice  
The Art of Listening



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